

Fridge Notes for Companions

"Be the change you wish to see in the world." - Mahatma Gandhi



"They are children, our own children. They are happy, they are sad They are burdened, they are free. They are children, God's own children Given to this land from sea to shining sea." *Miriam Martin, PBVM*

As you may know, our annual *Celebrating Canada Day* is a kaleidoscope of moments to express the "joy of Canadian-ness." One of the opportunities presented is for the kids to engage in finger painting. We share with you a delightful collage, pictured above, as seen through the eyes, hearts and creative spirit of the kids.



Congratulations!

Colette Mumbeya (Congo) recently graduated from York University with the degree Health Studies. God's blessings on your job search, Colette

EXERCISES TO DEEPEN YOUR RELATIONSHIP WITH GOD'S CREATION

www.letallcreationpraise.org/exercises-to-deepenyour-relationship-with-god-s-creation (Submitted by Lois Anne Bordowitz, FCJ)

RAMADAN: July 20 - August 18



We join in SOLIDARITY with all Muslims who will abstain from food, drink and physical needs during daylight hours to purify the soul, refocus attention on God and practise self-sacrifice.

TORONTO STAR: NEW ARRIVALS



For Olga Florean, Canada represents freedom for women. That is why four years ago she moved to Canada with her two daughters. Today, Olga is a Community Engagement Worker. Olga feels most Canadian when

sharing her story to empower other women. Recently matched companion Gwen Legault, OLM. www.arrivals.ca/2012/07/06/olga/

LOVE CANNOT BE SILENCED: PEOPLES' RESPONSE TO VATICAN'S INVESTIGATION OF U.S. SISTERS

Tribute to the People of God who are standing in solidarity with LCWR and all Sisters. Music by Kathy Sherman, CSJ with artwork by Mary Southard, CSJ. www.youtube.com/watch?v= OzLhTV6pkQ&feature=plcp

WE REMEMBER (Fr.) Leo Klem, CSB July 20, 1913 – July 16, 2012 who was the prayer partner for Janet Mukagatsinzi (Rwanda).



"Glory be to God whose power in us can do infinitely more that we can ask or imagine." Ephesians 3:20