

jam@becomingneighbours.ca www.becomingneighbours.ca

Fridge Notes For Newcomers

May 01, 2013 No. 171



CELEBRATING CANADA DAY!!!!!!

12:00 Noon-4:00pm: Sunday, JUNE 30, 2013



Come join all the Becoming Neighbours festivities in High Park on June 30.

(High Park Blvd/Parkside Dr.)

There will be lots of clowns, music and food for all! Bring your enthusiasm, a chair and a frisbee. Volunteers needed, please contact our office: 416-267-4817 or jam@becomingneighbours.ca

SUMMER CAMPS ALMOST HERE!!!!!!!

Be ready for the summer camps; we are offering different activities for children this summer. Here are some of the links:

- ♦ <u>www.childrenspeacetheatre.org</u>
- ♦ <u>www.campmicah.ca</u>
- ◊ www.blizzardsoccer.com

If you are interested, please contact: <u>becomingneighboursnoreen@outlook.com</u>

Earth Teach Us To Remember

Earth teach us stillness as the grasses are stilled with light.

Earth teach us suffering as old stones suffer with memory.

Earth teach us caring as the mother who secures her young.

Earth teach us courage as the tree which stands alone.

Earth teach us limitation as the ant which crawls on the ground.

Earth teach us freedom as the eagle which soars in the sky.

UPCOMING EVENTS

Earth teach us resignation as the leaves which die in the fall.

Earth teach regeneration as the seed which rises in the spring.

Earth teach us to forget ourselves as melted snow forgets its life.

Earth teach us to remember kindness as dry fields weep in the rain.

(John Yellow Lark)



Toronto Centre Island It's that time of the year again f

It's that time of the year again for a trip to Toronto Centre Island. Please come and enjoy the beautiful Island. Bring your picnic basket and enjoy the weather and all the activities! Visit the website for the schedules and activities: www.toronto.ca/parks/island/ ferry-schedule.htm

Canadian Opera Company (COC)

COC is one of the largest opera companies in North America. Located in downtown Toronto-145 Queen St. W Phone: 416-363-8231

Free concerts 12:00 Noon—1:00pm every Tuesday and Thursday of May 2013.

For more information please visit the website:

www.coc.ca/PerformancesAndTickets/ <u>FreeConcertSeries/May.aspx</u>



Free Museum Passes

If you are a member of the Library system, you can receive free passes to enter many different museums within Toronto. **Please inquire at the front desk about passes. You will need your Library Card.**

Some of the passes for the museums are: Bata Shoe Museum, AGO, Black Creek Pioneer Village, Ontario Science Centre and many more.

If you don't have a library card, what are you waiting for? It is free. Go and get yours today! .

You can apply for the Library Card at any Library Branch by showing proof of your address and identification.

Ontario Works: Social Assistance (Welfare)



Social Assistance is available in Canada. This is an important economic support that is meant to help families to manage their basic needs. The government often assists people who are new immigrants. They also assist people who are unemployed.

You must be in financial need, but, at the same time, you need to fulfill some requirements to be eligible:

- Live in Ontario.
- Be a Canadian citizen, permanent resident, or refugee claimant.
- Live with a limited amount of assets (anything that can be turned into cash; such as, house, cars and investments.

For more information:

www.mcss.gov.on.ca/en/mcss/programs/social/ow/

Employment Resources Centre and Social Services



One of the most important centres to obtain the techniques to find a job is the *Employment Resource Centre.* There are many different locations around the GTA. If you are interested in:

- Resumes and cover letter development
- Mock interviews
- Apprenticeship information
- Interview skills
- Access to the hidden jobs market

Follow the next link to find one of these centres near you: www.toronto.ca/socialservices/office_listings.htm

Finding Educational Opportunities for Teenagers

It is important to know the right path in helping your children's education.

In the secondary school system there are special opportunities for your children to develop in different areas. There are schools focused on specific areas or activities. If you need more information:

- www.tdsb.on.ca/ site/ViewItem.asp? siteid=121&menuid=13655&pageid=12064
- <u>www.tcdsb.org/ProgramsServices/</u> <u>SchoolProgramsK12/GuidanceCoopEd/</u> <u>Documents/Transition%20Guide%202012.pdf</u>
]

Music and Art

If your child has talent to play any musical instrument, sing, or act, your child can apply to Cardinal Carter Academy for the Arts. This school is focused on offering programs that are more artistic; such as, music, dance and theater. Please check:

 <u>www.tcdsb.org/schools/</u> <u>cardinalcarteracademyforthearts/Pages/</u> <u>default.aspx</u>

Cyber Arts Studies

If you child has artistic talent in painting or drawing, consider applying to Don Mills Collegiate Institute. This school is for teenagers with special talent in painting, drawing, and media activities. Please check:

♦ <u>www.tdsb.on.ca/schools/index.asp?schno=3415</u>

Athletes and Arts

Birchmount Park Collegiate Institute specializes in students' sports ability; such as football, basketball etc

◊ <u>www.schools.tdsb.on.ca/birchmount/</u>

Business

If your child is interested in business, consider a school that offers an International Baccalaureate.

- www.tdsb.on.ca/_site/ViewItem.asp?
 siteid=123&menuid=492&pageid=381
- <u>www.tcdsb.org/ProgramsServices/</u>
 <u>SchoolProgramsK12/IB/Pages/default.aspx</u>