



**OUR PRAYERS ARE URGENTLY NEEDED!**



As we shared with you, on July 20 our dear friends, Elvia, Carlos and Adrianna urgently left Canada on their journey home to Columbia. Carlos and Adrianna have been detained at the US border (New York). Apparently Elvia got through to Florida where they have a son. Please, "storm the heavens" that they may be reunited as a family and that new doors for their future immediately open up. Luis Lopez, SFM is the family's companion, Micheline Karvonen (pictured with Elvia) is personal companion with Elvia with Anne Marie Marrin, CSJ prayer partner for Carlos and Elvia and Ann McGill, FCJ with Adrianna.



**PERSONAL/COMMUNAL CHALLENGE**

It is easy to fill our lives with emotions we "catch" from such things as news broadcasts and the stresses of fulfilling our busy work, community and social "obligations." The easiest way to return joy to our souls is to develop an "attitude of gratitude." At least once a day, pause to name 3-5 reasons for which you are grateful. Intentionally naming those people and things for which we are grateful is often all we need to shift our attitudes! Go a step further and make someone's day by voicing gratitude to them and for them! With any luck, our "attitude of gratitude" just might be contagious!!

*(CSJ Communications)*

**INFORMATIVE ARTICLES**

**TEARING DOWN THE 'CANADIAN EXPERIENCE' ROADBLOCK**

[www.thestar.com/opinion/commentary/2013/07/16/tearing\\_down\\_the\\_canadian\\_experience\\_roadblock.html](http://www.thestar.com/opinion/commentary/2013/07/16/tearing_down_the_canadian_experience_roadblock.html)

**DEMANDING 'CANADIAN EXPERIENCE' FROM NEWCOMERS MAY BREACH ONTARIO'S HUMAN RIGHTS CODE**

[www.thestar.com/news/queenspark/2013/07/15/demanding\\_canadian\\_experience\\_from\\_newcomers\\_may\\_breach\\_ontarios\\_human\\_rights\\_code.html](http://www.thestar.com/news/queenspark/2013/07/15/demanding_canadian_experience_from_newcomers_may_breach_ontarios_human_rights_code.html)

**SEEKING SAVINGS, OTTAWA TAKES SHORT-SIGHTED VIEW ON REFUGEES' HEALTH CARE**

[www.theglobeandmail.com/life/health-and-fitness/health/seeking-savings-ottawa-takes-short-sighted-view-on-refugees-health-care/article13293421/](http://www.theglobeandmail.com/life/health-and-fitness/health/seeking-savings-ottawa-takes-short-sighted-view-on-refugees-health-care/article13293421/)

**WE CELEBRATE WITH THE**

**JESUITS**

Feast of Ignatius Loyola: July 31

**REDEMPTORISTS**

Feast of Alphonsus: August 01

**BROTHERS OF GOOD SHEPHERD**

Brother Mathias Day: August 12



**SUMMER SOCIAL FOR RELIGIOUS**



3:30pm – MASS; 5:00pm – PICNIC DINNER

**Wednesday, August 28, 2013**

101 Mason Blvd. Loretto Abbey

Bring your Lawn Chair.

RSVP by Aug. 19: [ibvmadm@rogers.com](mailto:ibvmadm@rogers.com)

**AVAILABLE AT BN OFFICE FOR NEWCOMER FAMILY:**

Three computer sets: printer, computer, keyboard.