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www.becomingneighbours.ca



Becoming Neighbours



Signs of Spring are here!!!

It is necessary for your body to make the adjustment for the new season, after a long cold winter. During this time many may develop allergic reactions to pollen.

Be aware and check the symptoms that you have, sometimes the symptoms to allergies are similar to the cold or flu symptoms. You will need to take some precautions.

Check with your pharmacist before the pollen season. If necessary, start with eye drops/allergy pills. Let them know of any previous allergies.

If you are experiencing itchy eyes, ears and throat, problems with breathing and a runny nose, arrange an appointment with your family doctor or go to a walk-in clinic as it could be an allergy.

A PATH TO HOME

Supporting Housing Needs for Newcomers

This is a national pilot project that supports the settlement process for newcomers who have been living in Canada without any home for one to three years.

The program focuses of recent immigrants and resettled refugees who are homeless or who are at risk of being homeless. Those who face multiple barriers for integration: low literacy or education, low English speaking skills, unemployment, trauma, single parents, disabilities or large family size will be a priority and all are able to apply.

If need more information please follow the link: ocasi.org/path-home-supporting-housing-needs-newcomers

FREE ACTIVITIES AND FESTIVALS



Thursdays and Weekend Nights

This month all Museums, Historic Sites and Cultural Services are waiting for you.

This annual event encourages families to visit Toronto's museums. The deal is "pay what you wish" and the idea is that you have the opportunity to visit all these places without restrictions and enjoy them with your family.

Date: Thursdays and Weekends of April

Time: Different times

Address: different locations around Toronto

For more information please follow the link:

[wx.toronto.ca/festevents.nsf/ featuredEvents?ReadForm](http://wx.toronto.ca/festevents.nsf/featuredEvents?ReadForm)



Spring Blooms

Allan Gardens is now open with a variety of flowers and many unique plants.

It is beautiful so come and enjoy it!

Be sure to bring your camera along to take lots of pictures!

FREE entrance to the Easter Show during April.

Date: April 13 to May 04

Time: 10:00 am to 5:00 pm

Address: 19 Horticultural Ave (Gerrard/Jarvis)

For more information please follow the link:

wx.toronto.ca/festevents.nsf/_previewEvent001?readForm&DocLinkHandle=7C9DB88EEF780BD385257CAE0060B928?Open



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*Ecumenical Good Friday Walk for Justice
Friday, April 18, 2014.*

Sold out for silver

Ecumenical
Good Friday
April 18, 2014
starting at 2 pm
at the church of the Holy Trinity
(Eaton Centre)
final station at Holy Trinity at 4:30 pm
followed by soup and bread
It is suggested you bring your own mug for soup

An offering will be taken

As we walk,
we journey with Jesus,
enacting a hope rooted in
our power to overcome
the forces of
brokenness and death,
and share in building
a world of abundant life

Walk for Justice
Stations of the cross

sponsored by a coalition of
local churches and ecumenical
organizations in Toronto

**Human Trafficking,
Environmental Devastation from oil industry
and plight of Homeless Persons
will be held up in this year's
Ecumenical Good Friday Walk for Justice.**

Recreational Activities for the family

During this time when the cold weather and winter are gone we can do many indoor and outdoor activities with the City of Toronto. They have special programs and activities for all family members and for each season.

You can register online or in person
but you need to be quick
because the spots fill very fast!

[www1.toronto.ca/wps/portal/contentonly?
vgnextoid=a96adada600f0410VgnVCM100000
71d60f89RCRD](http://www1.toronto.ca/wps/portal/contentonly?vgnextoid=a96adada600f0410VgnVCM10000071d60f89RCRD)



Prices are feasible for all. Be sure to check out the guide!

**ANNIVERSARY BLESSINGS to our Latino Men's
Group who marked their first anniversary in March.**

**We are so pleased for the solidarity and friendship
they have shared and we ask God to bless each one
of them and their future growth together.**



Quote of day:

"Everything you can imagine is real." Pablo Picasso