



jam@becomingneighbours.ca

www.becomingneighbours.ca



June 12th is an Election Day



Elections Ontario

We Make Voting Easy.

This June 12 is election day for Ontario. You have the right to vote for any party and any candidate that you think represents your voice as a Canadian citizen. Your vote is private and important as it is up to you to decide the new leaders of our nation. You will receive your poll by mail.

Each vote helps to decide the future of this country.

Don't forget the date,
mark it in your calendars!!

The requirement for voters depends on each level of government: municipal, provincial and federal. The requirement for each level is:

Municipal elections: Resident of Toronto, or own a business or have property, bring photo ID and your address.

Federal Elections: Must be a citizen of Canada, bring photo ID and address.

Provincial Elections: Must be a citizen of Canada (must be a resident of Ontario) you can sign "Statutory Declaration at the Poll" form.

For more information call 1-866-537-9399 or check the next link: <http://elections.on.ca/en-ca>

ACTIVITIES AND FESTIVALS



The Joy Lapps Project
It is a Caribbean musical that explore the amazing musical styles.
FREE EVENT
for all the family.
Come and enjoy this beautiful experience!!!!



Melissa Etheridge/
Deborah Cox
Mainstage Concert
FREE EVENT
for all the family.
Enjoy the festival,
there are
many activities.

Date: Saturday June 21st and Sunday 22nd
Time: 5:00 pm - 6:00 pm
Harbourfront Centre
Address: 235 Queens Quay West

For more information please follow the link:
www.harbourfrontcentre.com/summer/festivals.cfm?id=5860&festival_id=175

Date: Friday June 20th
Time: 8:00 pm
Nathan Phillips Square
Address: 100 Queen Street W. (Dundas Station)
Corner of Queen and Bay Street

For more information please follow the link:
torontojazz.com/concert/melissa-etheridge



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Dental Health Information



Dental health is part of our daily care in Canada and it is important to know that the dental service comes with a high cost. In most cases for newcomers without medical insurance the cost of this service will be expensive but for newcomers living on social assistance the basic dental health care is covered for your children (younger than 18 years old). Otherwise, the adults need to pay for these services. In some cases dentists have plans and different treatments which vary in cost. It is important that you check and compare different options before you accept and commit to the treatment.

Other options are community clinics and dental schools that offer the same care but charge less. The attention depends on the demand of the services. Here is some information:

Low cost dental care for newcomers:

George Brown College (dental hygienist program) phone: 416-415-4547

Low cost cleaning teeth: September – mid June. Price \$40 for cleaning – covers multiple sessions. X-rays: extra \$40 maximum. Denture: September – April. Small fillings: January – March, very limited because it involves graduate students \$15 – \$25 per tooth. Call to make an appointment.

Durham College phone: 905-721-3074

Adults: \$25; children \$10 for cleaning, X-rays, periodontal scaling, oral cancer screening, sealants and fluoride treatments. Open Monday, Wednesday and Friday morning, and open Tuesday and Thursday evening. Call to make an appointment.

University of Toronto 416-979-4927 (patient inquiries); 416-979-4900 (general inquiries).

101 Elm Street (Dundas/University) Closest subway: St. Patrick Station.
Monday – Friday: 8:30 am – 4:30 pm. Full service facility. Call to make an appointment.

Quote of day:

" Life is like a riding a bicycle. To keep your balance, you must keep moving"

Albert Einstein