



*Dear Friends*

Sending our warmest heartfelt greetings to you!

It is in this spirit that we want to bring to your attention that in the next few days there are certain important moments that we will celebrate. On Saturday, February 14 we will celebrate **VALENTINE'S DAY**, on Sunday, February 15 we will celebrate the fiftieth anniversary of the red and white maple leaf flag being designated as the **NATIONAL FLAG OF CANADA** and on Monday, February 16 we will celebrate **FAMILY DAY**.

These are opportune moments to say **THANK YOU** to each and every one of you for the many ways in which you enrich the life and the spirit of the ministry of Becoming Neighbours – with your presence, prayer and solidarity – the sharing of your time, treasure and talents! It is through your commitment to and interest in Becoming Neighbours that many newcomers, including yourself and us as well, embrace the strength, courage and hope to continue our journey of life, whatever it may be and wherever God may lead us. It is in our mutual journey that, as many of you have shared, we become **EXTENDED FAMILY FOR ONE ANOTHER**.

AS PEOPLE WHO CARE ABOUT WHAT HAPPENS TO ONE ANOTHER,  
we present these challenges to all of us:

**PERSONAL CHALLENGE**  
FEBRUARY 16 IS FAMILY DAY!



Share with your Becoming Neighbours companion, members of your family and your friends how you deeply believe in them and how important each one of them is to you.

**PERSONAL CHALLENGE**  
FEBRUARY 14 IS VALENTINE'S DAY!

Challenge yourself to do at least one act of love in your life, your neighbourhood, your city, your world. Visit someone who is sick, phone a friend, send an email of caring support, connect with your companion. Whatever it is, offer your heart to warm the heart of someone else. There is a good chance your own heart will end up singing! Embody hope and carry healing into the world to one person, one seemingly small action at a time.

**BE GOD'S VALENTINE!**

UNITED IN GOD'S LOVE, WE FEEL VERY CLOSE TO EACH AND EVERY ONE OF YOU.

WITH GRATITUDE FOR YOUR PRAYER, PRESENCE AND SOLIDARITY.

Noreen Allossery-Walsh, OSU

Peter McKenna, SCJ