

Lenten greetings to all of our dear Becoming Neighbours Friends,



As we celebrate this first day of Spring, we see the new life emerging not only within our Earth but hopefully also within our hearts. It is in this spirit that we offer you this time-bound "Fridge Notes for Compainons". We especially bring to your attention the conversation of Sr. Norma Pimentel, MJ and Susan Ormiston to be aired on **CBC National News**

tomorrow, Sunday March 21, 2021.

During the remaining days of our Lenten journey, may we ask for the grace that we may have a "heart so large and wide that it embraces the God of all and the all of God, the God who in silence speaks all languages, the God who in silence speaks in all creatures, the God who in silence speaks one word, the God who speaks of LOVE".

("Hear the Song of Your People", Monks of Weston Priory)

LENTEN BLESSINGS OF SOLIDARITY AND RENEWAL,