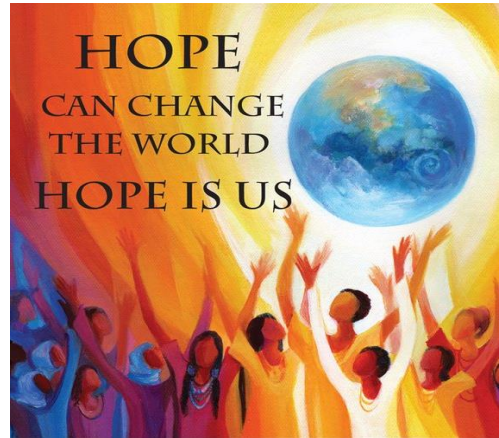


To all of our dear Becoming Neighbours friends,

Hope this finds each one of you keeping well and keeping safe.

As many of us are experiencing, this can be a very difficult and challenging time. We really encourage you to make contact either directly by telephone/email or with the prayer of your heart, not only with the newcomer with whom you are matched, but also with one other person who may be feeling isolated, alone and wondering not only what the future will look like, but also if there will be a future. Now, more so than ever before, it is important that we continue to discover the beauty and goodness coming forth in these difficult moments, moments of remarkable **SOLIDARITY** and **HOPE**.



In this “Fridge Notes for Companions”, we highlight for your consideration:

- **2021 Canadian Federal Budget with Immigration Excerpts**
- Prayer Requests: many of our newcomers, essential workers, have tested positive for COVID-19. As you can imagine, this has spread to the members of their own families and has affected their capacity to pay rent and to provide food for their families. April is World Autism Month with the theme “**light it up**”. Several children of our newcomers live with autism.  
We ask you “to storm the heavens” for these our friends.

As Pope Francis writes:

“may we be profoundly shaken by what is happening all around us:  
the time has come to eliminate inequalities,  
to heal the injustice that is undermining the health of the entire human family”.

Lovingly sent to you in solidarity and hope,

Lois Anne Bordowitz, FCJ

Peter McKenna, SCJ