

To Our Dear Becoming Neighbours Community,

Greetings of Summer One and All!

We are delighted and feel privileged to share with you this *Special Edition of Fridge Notes* which we hope offers an invitation to each one of us to contemplate more deeply “this beautiful country we have today and to accept all that we have inherited” (*Chief Cadmus Delorme of Cowessess First Nation*). Immersed in the gift of the SPIRIT, we feel united with so many of you through our mutual gestures of solidarity as you reconnect with us and share what is happening with you and your families and express your concern for what is happening with us.

Celebrating Canada Day 2021, we have selected pictures from past celebrations which we believe somehow captures the spirit of “who is a Canadian” and we are pleased to bring to you attention a free course on an “Introduction to Indigenous Perspectives in Canada”.



Until July 15, 2021, BMO in partnership with First Nations University of Canada and Reconciliation Education, the Nisitohamowin eLearning: an “introduction to understanding Indigenous perspectives in Canada”. A free resource for all Canadians.

[Click here](#) to access the introductory course.



As summer progresses along its path of long, hot, hazy days, may all of us be revitalized by the Spirit who guides us in our lives and gives us hearts of compassion leading us to more fully appreciate the grace of “Becoming Neighbours” with and for each other and with our Earth.

May we contemplate, reflect and enact the dreams for the future of our next generation,

Atunnan Aiyadurai

Lois Anne Bordowitz, FCJ

Peter McKenna, SCJ