

Prayer of Thanksgiving

God of All Blessings, Source of All Life, Giver of All Grace

We thank you for the gift of life:
for the breath that sustains life,
for the food of this earth that nurtures life,
for the love of family and friends
without which there would be no life.

We thank you for the mystery of creation:
for the beauty that the eye can see,
for the joy that the ear may hear,
for the unknown that we cannot behold
 filling the universe with wonder,
for the expanse of space that draws us
beyond the definitions of ourselves.

We thank you for setting us in communities:
for families who nurture our becoming,
for friends who love us by choice,
for companions,
 who share our burdens and daily tasks,
for strangers
 who welcome us into their midst,
for people from other lands
 who call us to grow in understanding,
for children
 who lighten our moments with delight,
for the unborn,
 who offer us hope for the future.



We thank you for this day:
for life and one more day to love,
for opportunity and one more day
 to work for justice and peace,
for neighbours and one more person
 to love and by whom we are loved,
for your Grace and
 one more experience of your presence,
for your promise:
 to be with us,
 to be our God,
 and to be our hope.

For these, and all blessings,
we give you thanks, eternal, loving God,
through Jesus Christ we pray. Amen.

(Adapted from "Prayers of Our Hearts" Vienna Cobb Anderson)



Help me, most gracious God, to recognize one another and Earth as neighbour. Amen