



Becoming Neighbours

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Fridge Notes  
for Companions

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# Celebrating Canada Day

Who is a Canadian? Are there telltale signs of "Canadian - ness"?

Is a Canadian someone ...

- ◇ Who thinks of no one as "them"? Who appreciates and lives cultural diversity?
- ◇ Who offers their seat on the TTC to a senior, pregnant woman, handicapped person?
- ◇ Who encourages others to be the best that they can be?
- ◇ Who rises up and takes a stand when they see others hurting?
- ◇ Who understands the global economy in terms of people, land, air and water?
- ◇ Whose favourite phrase is "Eh"?
- ◇ Who gives thanks to God every day for who they are and for the land of Canada?



These are, perhaps, some of the many telltale signs of what it means to be a Canadian.

In the words of Wade Davis: "The world in which you were born is just one model of reality.

OTHER CULTURES ARE NOT FAILED ATTEMPTS AT BEING YOU;  
they are unique manifestations of the human spirit."



Canadians, as you know, are not a particular people from a particular place.

**CANADIANS ARE THE EMBODIMENT OF THE HUMAN SPIRIT.**

To continue Celebrating Canada Day, we invite you to listen to:

[www.youtube.com/watch?v=xiMeZgnkBb8&feature=related](https://www.youtube.com/watch?v=xiMeZgnkBb8&feature=related)







# BECOMING NEIGHBOURS

In the spirit of interculturality, 110 people from twenty two countries gathered July 02, 2023 in High Park for



*"Celebrating Canada Day."*

Dancing to the beat of African drums with invigorating soul music interwoven with creating murals and playing soccer topped off with an awesome picnic helped us all to celebrate!

Each of us said "adieu" more aware of being Neighbours.







## O Canada!

Our home and native land!  
 True patriot love  
 In all of us command.  
 With glowing hearts  
 we see thee rise.  
 The true North strong and free!  
 From far and wide,  
 O Canada,  
 we stand on guard for thee . . .



*"The size of your DREAMS must always exceed your current capacity to achieve them.  
 If your DREAMS don't scare you, they aren't big enough." - Ellen Johnson Sirleaf*



*In gratitude to God  
 for this celebration  
 of the embodiment of the  
 Canadian human spirit.  
 Thank you to all those  
 who gathered:  
 for your presence  
 and for being Neighbours.*

